

North Korea Essential Information and Guidance Notes Please respect the country

Korean people are very particular about manners, respect for the elderly, and caring for children. Please respect the Korean peoples living habits, and ideological concepts. Please don't argue with your Korean guide about political questions. During traveling in North Korea we should obey the group arrangements of the Korean tour guide. It is prohibited without permission to leave the team activity, Please don't take photographs of military objects or soldiers. During a visit to Panmunjom, please don't greet, or wave to South Korean soldiers. You are not allowed to visit relatives and friends while traveling in North Korea, nor are you allowed to go to local people's homes. During your visit not allowed spreading religion document to local people. Please follow the rules. If you have any problem arising from disobeying the above, you will have to deal with the problem yourself.

In North Korea it is absolutely prohibited to seek any form of interview, or to attempt to obtain political information.

Passport

During your trip in North Korea your passport will be in North Korean guide hand. If you need it please ask from North Korean guide.

Time

North Korea is currently in the same time zone as South Korea and Japan, which are nine hours ahead of GMT.

In August 2015 North Korean put back 30 minutes.

North Korea is half an hour faster than China.

Climate

Before you departure from your home please visits the website: http://www.weather.com/weather/tenday/Pyongyang+North+Korea+KNXX0006

It will give you idea and suggestion for what clothes you should bring with you before you start the trip to North Korea.

Customs

- You can bring camera with GPS system but you can not active it and use it in North Korea.
- You can not bring any political or religion reading and newspaper from USA and South Korea. You can not bring any products or Korean Currency from South Korea please leave them in China.(You can not change North Korean currency in DPRK. If you would like to get some North Korean currency as souvenirs you can get it in Dandong. If you can not reach to Dandong please let us know we can send it to you from Dandong.)
- Since 2013 North Korean government allow tourists bring cell phone and computer into North Korea.Please register it when you go through the customs of North Korea.

Currencies

Tourists are allowed to carry 5,000 U.S\$ or equivalent in foreign currency. Credit cards etc. can not work in North Korea . North Korean national currency can not be used in the DPRK by visitors. Euro and Chinese Yuan are the most easily used currency. (Small change may not be available sometimes, so best to have lots of small denomination coins or notes), US\$, Honk Kong \$, UK£, Japanese Yen may be changeable in the Hotel in Pyongyang, but outside thereof it may be impossible. There is no ATM to get currency in North Korea.

If you want to keep North Korean currency as souvenir you can get it when you come back to Dandong.(If you can not reach to Dandong please let us know we can send it to you.)

Western tourists mixed with Chinese tourists rules.

For Western tourists mixed with Chinese tourists, you have your own English speaking guide during the whole trip. You have to follow with the whole Chinese big group together during the trip. It is prohibited without permission to leave the team activity.

Transportation

Pyongyang to Sinuiju is around 220 km. The trip will take 5 hours by train. Normally the train will be arrive on time train delayed not very often *On the train do not take pictures or video outside of the window*(This is the rules from North Korea not Explore North Kroea Tour Group). In Pyongyang, air-conditioned tourist coaches are provided for the whole trip.

Photos

North Korea government is sensitive about the photos that you take in North Korea. No photos of Military things or soldiers and or on the train from Dandong to Pyongyang and return.

North Korean Customs might check the photos that you took in North Korea sometimes.

Meals

North Korean food are spicy if you do not eat spicy food please inform the guide in advance to change the food just for you. There is no dessert after every meal in North Korea if you really like dessert after the meal we suggest you to bring your own dessert during your trip. Usually lunch on the train is a packed lunch, distributed on departure from Sinuiji. Hotel breakfast is a buffet, and dinner is Korean meal (Korean-style dishes set meals).

Hotels

In North Korea during the tour, visitors will stay at North Korea's best hotels in the standard twin bedded room. If you have other requirements, the additional costs will be your responsibility. North Korea usually voltage is 220 volts, using 3-pin flat type, or European 2 pin round outlet. If necessary, the hotel lobby can also be asked for adaptor. Hotel shower, please be careful not to spread water outside of the bath, because there is no drain outside the bathtub. You will have to pay compensation for water damage done to either your carpet, or for damage done to the room below.

- There is no internet in the hotel or any places while you visit North Korea.
- If tourists need to make international long-distance calls generally 1 minute cost 17 Yuan=3USD.
- If you want to send email you can go to the post office where is on the first floor. It cost 20rmb=4USD 25KB.

Before you check-out, ensure you have all your belongings. The room key should be returned to the North Korean Guide.

Luggage

All valuables (documents, money, camera, etc.) must be carried with you during the trip. Do not leave any valuables in the hotel or in the coach.

Insurance

As different country has different policy different rules so we suggest tourists buy insurance in your own country. Explore North Korea cannot be held responsible for any mishap to yourself or your property and in particular any consequence or effects of flight/train cancellation/delay, robbery, sickness, Government intervention or other such happenings. You are advised to insure yourself against any possible risk that may occur and in particular to ensure that sufficient insurance has been obtained in respect of any dependant relatives. It is your responsibility to be covered by insurance which must include adequate cover for baggage, medical expenses and the cost of repatriation should you become too ill to continue. Any claims must be directed to your insurers.

If you have a medical condition which may affect your health or safety in North Korea, you must inform us before visa application.

Information

Bring your own items include: commonly used drugs (such as save the heart pills, motion ship sickness medicine, berberine, cold medicine, band-aid, etc.) Umbrellas, batteries, sunglasses, skin-care products etc.

Tipping

Tourists will visit the Childers's Palace or a school during the trip. If visiting the school, some stationery or educational supplies would be option to bring to the students as gift. Tipping is not included in the tour fee. If you are mixed with Chinese group please tip your English Speaking guide who serves for you during your trip.

Expenses in North Korea

You will spend your money on following things during the trip in North Korea.

- Souvenirs,
- Extra drinks (Every meal has few bottles of North Korean bear included in tour fee)
- Tips.
- (Option)Art Concert/ Circus show Shows in Pyongyang Circus Theater cost :200RMB P/P

- Give flower to the statue cost : 20 RMB per bunch .(Option)
- The Mass Game (100euro P/P) between August September.
- Option Kaesong Chicken Ginsen (3 person share 260rmb = 43USD) Other things you normally will not spend extra money in North Korea. Hotel, transportation ,admission, food all included in the tour fee.



Please follow the rules any problem above arising tourists should deal with it by themselves.

Website : <u>www.explorenorthkorea.com</u> Email : tours@explorenorthkorea.com Tele:0086-15941545676 SKYPE: travelnorthkorea